Bishop Daily Celebrates Opening Liturgy

by Vincent Lijoi

"Special." That is the word Brother Luke used to describe Bishop Daily's visit to Bishop Ford H.S. It was on Monday, September 10, 1990 that the Most Reverend Bishop Thomas V. Daily came to Bishop Ford Central Catholic High School. He came to open the 1990-91 school year with a liturgy for the students and faculty. It was his first visit to a Catholic high school in Brooklyn since he became Bishop. Besides saying it was "special," Principal Brother Luke Nawrocki also said, "It gave significance to the custom Bishop Ford has of celebratng a liturgy to open the school year." He also said, "Bishop Daily left with warm feelings for the students." When asked what impression the Bishop had of the school, Brother Luke said, "He thought it was an attractive, orderly, and clean building for students to spend their school days in."

Brother Luke also said, "I hope he can visit again, and if his schedule permts, come some of our athletic events."

Since Bishop Daily was named Honorary Captain of the Bishop Ford teams, we hope he'll be a familiar face to us at our athletic events in the future.

College Fair Held Oct. 22

by Maria Diaz

On October 22, 1990 we held our annual College Fair. Yes, you are reading right! All the colleges you wanted to know about were represented here at

In past years, the College Fair has been a great success. It has answered questions and helped many students.

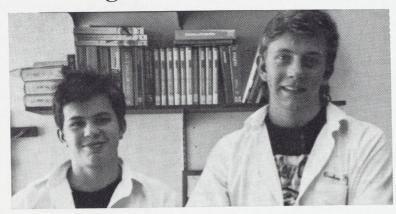
It was possible to come with your friends or come by yourself. So, don't forget October 22, 1990. It was the greatest College Fair ever.



Vol. 15, No. 1

BISHOP FORD CENTRAL HIGH SCHOOL

Exchange Student Visits Ford



Maciej (Matthew) Gajkowski and Ben Zomer

by Danielle Ramos

Once again, Bishop Ford is fortunate to be included in the Ronald S. Lauder exchange program. This year we are privileged to have Maciej Gajkowski join the Ford community. Maciej, who likes to be called Matthew, is an exchange student from Poland. He plans to stay with us for the remainder of the semester, until December, when he will go back to his family.

Matthew says that he is enjoying his stay in America, this being his first visit to our country. He is staying with sophomore Ben Zomer. Being fluent in Polish will certainly be an asset to Ben, who will be flying to Poland after the Christmas vacation. He will visit Matthew's country from January to June.

When asked what the biggest difference between Poland and the U.S. is, Matt said that the people in the U.S. are much friendlier. One thing he said which he had to get accustomed to was the way people approach him to say hello with, "What's up?"

Matthew thinks there is a major difference in school systems, because in Poland he finds there is more homework and the studying is much more difficult. He does admit, however, that the teachers here at Ford are much more friendly and helpful.

Although Matt is sixteen years old and a sophomore, he takes many junior and senior classes, including advanced chemistry, which is taught by of Physical Chairperson Sciences, Mr. John Bianchi,

and is a college-level course.

Teenagers in Poland, Matt said, tend to hang out in many places that Americans do, for example, theaters, movies, and parties. He admitted that he doesn't find U.S. food much to his liking and can't stand McDonald's. Comparing American girls to Polish girls, he feels both are quite friendly, but American girls look too made up: "They wear too much makeup . . . Not natural looking," he commented. On music, he said much of the music popular here is just as popular in his country. Aerosmith, Pink Floyd, and Depeche Mode (one of his favorites) are very big in Poland.

Matthew has been extensively sightseeing in New York and New Jersey. One of his favorite places is the Statue of Liberty, particularly the museum in it in which he met many people and got the opportunity to see much of Manhattan.

Matthew concluded that he is enjoying his stay, both at Bishop Ford and in the United States, but of course, he is looking forward to going home and rejoining his family.

> The HIGHPOINT staff thank . . .

Ms. Raffaniello, Bro. Damian, Mr. Slow, Mrs. Leggio-Cariello, Sr. Anne, Mr. McAteer, Sr. Coleen,

and all the other caring people who helped prepare this year's Peer Group lead-

WHAT FOODS THESE **MORSELS** BE!

Peer Group leaders are:

Elena Grandelli

Michelle Adriano

Nicole Goodman

Petlyn Job

Billy Ypsilantis

Isabel Reves

John Segarra

Meredith Parrinello

Joseph Gallo

Lisa Siciliano

The newly-inducted

Dina Alaimo

Frank Giacomini

Ninoshka McClellan

Olivia Almengor

Eric Lynch

LaJuan Wix

Michael Scanni

Bill Condon

Michael DiNatalie

Loretta Cafiero

Ellen Romelus

Anthony Mastoros

Michael LoPorto

Sharahnn Lane

Christina Prestia

Channel One Debuts

by Isabel Reyes

Channel One: It's the latest addition to education at Bishop Ford. At first many students were totally against the idea of watching TV in homeroom. They didn't understand why the viewing of Channel One was so important.

Students felt that a longer school day and only three minutes (instead of four) between classes made watching the news in school unattrac-

Since the airing of Channel One, some students views haven't changed. Others feel it's not as bad as they'd anticipated. Channel One is interesting and relates to many topics students are learning in class. Aside from broadcasting news, it also focuses on other teenagers around the world and pop quizzes.

Students can choose not to watch Channel One, but mature people will just face the reality that it can't be changed. Thinking optimistically, it could be worse: Sr. Mary and Mr. Fernandez could be the reporters.

MTV Awards

by Maria Diaz

The 1990 M.T.V. awards were melancholy. Janet Jackson sang her new song, "Black Cat," and it left a great impression of her. Motley Crue sang "Don't go away mad . . . just go away." This was really good. Their sound system was very clear and the best one there. Inis performed their new song, "Suicide Blond." It was interesting, but, personally, I could have fallen asleep. Sinead O'Conner sang "Nothing Compares 2 U." She was very nervous and her attire eye-catching. The reunion of New Edition was the main event in the awards. It was one of the most moving performances that MTV ever presented. Faith No More was truly The lead singer amazing. acted as the fish in his video on stage. Madonna was lib singing to Vogue. She really outdid herself in this one. Her old fashioned attire was astonishing. And, at the end, to be carried in a chair off stage was unbelievable.

Nothing Compares ...

by Bill Condon

Irish rock singer Sinead O'Connor recently caused a great deal of public outrage by refusing to perform in concert at the Garden State Arts Center if the American national anthem were played.

Ms. O'Connor may or may not have made a poor judgement in this situation, since most Americans feel very patriotic (although not necessarily those who attend her performances).

O'Connor stated that she refused to let the anthem be played to protest growing censorship in the United States. However, this action resulted in self-contradiction, as she herself censored our national anthem, an action that was widely frowned upon, especially since it was engineered by a performer from a foreign country.

Whether this incident will affect her career is not yet known, but Ms. O'Connor must learn to consider carefully the consequences of her actions while being gung-ho about protesting against the establishment.



Standing, left to right: David Seung, Andre Bifield, Ahmed Harris, Scott McLeod, Chris Gonzalez and Coach Luis Vasquez. Seated, left to right: Danny Incantalupio and Antonio Wright.

What's Next? FORD UNDER WEAR? Freshmen Welcomed Baseball:

by Christina Prestia

Bishop Ford is becoming a military academy. I realize Bro. Luke is a former principal of LaSalle Academy, but must he use the same techniques here at Ford?

Last night I had a terrible nightmare. It was 7:45 a.m. as I boarded the F train to 15th Street. Walking to school, I noticed that the students around me were all dressed in the same attire. Boys wore black, bell-bottom slacks, white oxford shirts, and black ties with Bishop Ford printed in red on them. Every boy had a crew cut. Girls sported the "Sinead O'Connor" hairdo. They wore grey skirts down to their ankles. Both boys and girls wore saddle shoes and the gruesome school sweater.

Before I knew it, I had arrived at school. I opened the door, took a step in, and noticed the metal detectors. I could not believe what I was seeing. I then walked downstairs to my locker. It was open, and all my things had been searched. Even though I was furious, I decided to turn my head and continue as if it never happened.

Walking to my class, I realized that I was the only one who did not fit in. I was not bald or wearing a uniform as ugly as the others. Up ahead I saw Mr. Fernandez sneaking up on a senior whose shirt was sticking out of his pants. "FERNANDEZ!" shouted a voice from behind me. Mr. Fernandez whipped out his stun gun and ran after the senior. Everyone evacuated the hallway, except for me.

Taking a detour, I walked into the cafeteria. Students had assigned seats, which were posted on the bulletin board outside Falcon's Corner. They sat very still and spoke very softly. I was disgusted at what Bishop Ford had become.

I decided to leave. I walked rapidly down the hall. "Missy!" a stern voice called out. I hesitated to turn around, for I was very agitated. Once again she called out to me, "Missy!" I slowly turned around. It was Sr. Mary, walking toward me in an odd fashion. "Missy, do you have on regulation underwear?" she asked At this point, the first period bell sounded.

I jumped up in my bed to a screaming alarm clock. "What a dream!!" I thought.

But, was it a dream, or what freshmen, sophomores, and juniors can expect in the years to come.

Rules! Rules! Rules!

This year a new rule has been implemented here at Ford. Students now have only three minutes to travel from class to class. The main reason for this change was the addition of "Channel One" to the student curriculum. Thus, homeroom was lengthened to seventeen minutes. The loss of one minute between each class was allowed so students would still be dismissed in the area of the usual 2:27; we are now dismissed four minutes later.

Because of this change, many students have been late for classes, and freshmen have had added difficulty making it to their classes on time.

In time, the student population must learn to deal with this change, as it has dealt with others in the past.

Very Free Verse

by Maria Diaz

Your eyes are full of your gray looks, the looks that filled every broken heart. Your empty heart lights the day And your touch breaks my love. You are the one, the one that can only live. For your hatred will live in the

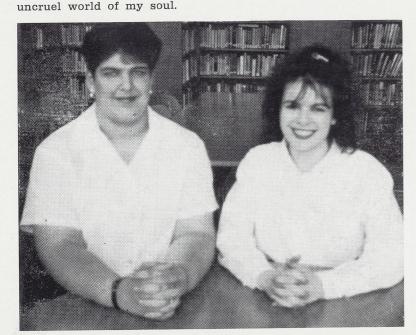
(UNTITLED)

by Diana Carpenter

I wish to be free Free to be me

Yes I wish to be free Can I?

Be free?



Ford's own Lisa Romano and Theresa Falco, both of the junior class, were medalist in this year's Columbus Day Parade Essay Contest sponsored by the Federation of Italian-American Organizations.

by Diana Carpenter

The first day of school hits us like a dream. It can't be happening. Are we used to the lazy summer days, sleeping late, hanging out, parties? For those of us who worked a mother lode of an income to do whatever we wanted, well, it's back to school. Time to buckle up. So, what's up with student body, besides fighting the strict authority against the dress code (no turtlenecks; can you believe

On orientaton day for freshmen, while sitting in that auditorium (the first of many times), Brother Luke tries to convince you how well you will adjust to high school and to point out the many social and educational opportunities Ford offers you. While he is speaking, you wonder, "How in the world am I going to get around in such a large school?" After you are welcomed by the staff, you find your homeroom, get your program cards, learn to use your lock, and you're on your way. First day of classes is usually for the freshman. There are always little problems, like rooms you try to find but can't, the lost papers and books, and trying to get to class on time, which is a miracle, especially on the three-minute bell.

Then comes the real first day of classes when the halls are crowded with seniors, juniors, sophomores, making themselves at home, actually looking like they are enjoying themselves. You probably wonder if you'll be as carefree as they are. A week or two pass by; things are much easier; your locker acually opens to your command; you have the right books to the right classes. Familar faces pop out here and there, and you don't feel alone. But there's still the matter of getting to class on time. Before you know it, the months slip by, and you're as carefree as the next guy. It's your school. You have to make the best of what you

Sandra's Quotes

by Sandra Paul

"Thorough preparation makes its own luck."

"Time goes, you say? Ah, no! Alas, time stays, we go." "Nothing in the world is so

rare as a person one can always put up with." "Utility shows not only in

e ability to persist, but in the ability to start over." "Freedom is nothing else

but a chance to get better."

"Easy doesn't do it." "The most important things in life, aren't things."

A Fair Sport?

by Christopher Petrosino

Although Ford has some very good varsity baseball players, the coaches don't give the "new comers" a fair chance to try out. Some kids make the team because someone is good friends with the coach. The newest case is a previous player's brother. While I was at the tryouts watching the baseball players trying out, he did well, but there were many more kids who did not make the team who were better than he was.

Another thing that is unfair is how the varsity team, nine times out of ten, is just an extension of the junior varsity team. For example, some fourth-year players deserve to be four-year players, but there are some that don't deserve to be on the team a fourth year because of lack of effort.

It's not fair to the kids who have to try extra hard to make the team. This year I know as a fact there was some preconceived idea of who was going to be on the team. Because J.V. tried out right next to the varsity team, the varsity coach was sending previous players to the J.V. field to help with their tryouts, and they only tried out at the minimum rate, which was two fielding drills and two running

I feel that everyone, former player or not, should have a fair chance at making the team.

Letters To The Editor

Dear Editor,

I have been hanging tough all summer, waiting to reply to your version of what a New-Kids-on-the-Block fan is all about.

I'm a New-Kids fan, who happens to be 42 years old. I'm proud to be a Blockhead and happy that my daughter introduced me to the music of the New Kids. I find their music great to sing to, as well as to dance too. It doesn't bother me that they don't write all their music. Elvis, who, as you said in your article, had a deep rythmic voice, didn't write his music either. Don't tell me about redundant lyrics, I watch MTV too. Most lyrics are redundant, but are we trying to put anyone down here?

I feel offended that these 5 hard-working young men are being put down by journalists like yourself, who don't take the time to find out what they are really about. They are an overnight success, as you seem to think they are. They are good entertainers who are having fun, along with all their fans.

You may not like their style or music, and that's O.K., but you shouldn't overlook the message they try to pass on to their fans. I read nothing about that in your article. Stay in school and say NO TO DRUGS is the message I get. Our young people today need more role models who inspire them to be successful by going to school and working hard without the influence of drugs. Being fair when making judgments is what I think you overlooked.

-Rosemarie Parrenillo

Cheerleaders To Be Rejuvenated

by Ellen S. Romelus

With the new basketball season rapidly approaching, a large majority of students are asking one common question: What do the cheerleaders have in store for this year?

Many of the students I spoke

to had the same views on our cheerleaders. They believe that the cheerleaders need new cheers and new faces. They believe that the supervisor should be open to ideas from the members of the team. During performances students believe that there should be music to liven them up. Also, everyone believes that the cheerleaders need to improve their appearance.

I interviewed several of our students and asked them to share some of their thoughts and comments about the cheerleaders. Here are some of those interviews:

"They need both new cheers and new people. Because both the cheers and the cheerleaders are old, weak, and tired." -Sheila Frazer, 403.

"They need new cheers. New people may liven it up and make it more interesting."-Charisse Roland, 309.

"The cheerleaders need to attend more games to support the teams. Most teams are recognized by the cheerleaders. So I believe everyone on the team should have a say in the affairs of the team. The team should not be dictated by one person. They need an increased sense of popularity." —David Headley, Senor Class President.

"New cheers and more rhythm. The cheerleaders need to become more involved in their cheers; they need to take pride in them. They should be proud of their school and reflect it in their cheers." —Zina Chandler, 402.

HIGHPOINT supports and prays for the soldiers stationed in Saudi Arabia and their families at home. We wish them a safe and speedy return home WITHOUT WAR.

HAPPY THANKSGIVING!

Collins Concert

by Lisa Siciliano

On Friday, Sept. 28, 1990, Phil Collins appeared at Madison Square Garden and performed to a sold-out audience. The Garden's stage brilliantly resembled a carousel with brightly colord horses flashing lights. Collins energetically performed his new album, but seriously, singing all his hits like: Hang in Long Enough, Something Happened on the Way To Heaven, I Wish It Would Rain, That's Just The Way It Is, Do You Remember, Colours, Another Day In Paradise, and Heat on the Street. He also included his older hits, like: Don't Lose My Number, One More Night, Take Me Home, Inside Out, Who Said I Would, I Don't Want To Know, Separate Lives, and-one of my favorites, which also seemed to be one of the crowd's favorites—In the Air Tonight.

Collins' performance on drums and keyboard was awesome. And a hand to his band: Chester Thompson, on drums; Brad Cole, on keyboard; Leland Sklar, on bass; Daryl Stuermer, on guitar, and back-up vocalists Bridgette Bryant, Arnold Meculler and Fred White. And we cannot forget the Phoenix Horns, who added so much to the performance.

Leaving the concert, I realized that I got more than just entertainment from being there. In many of Collins' songs he brings out the need for change in our world. In songs such as: That's Just the Way It Is, which tells of the war in Ireland, Colours, which tells of the starvation, homelessness and prejudice in South Africa, and Another Day in Paradise, which expresses the hardship of homelessness in the cities around the world, Collins expresses the need for all of us to unite and help those around us.

Before ending his concert, Collins asked for everyone to just donate a dollar to the charities for the homeless, who would be collecting at the exits of the Garden.

Collins is not only a wonderful performer but also a concerned individual who is making an effort to help those around him. As he says in his song, Heat on the Street, "Just realize what a difference you can make, and don't turn away."

Depeche Mode

by Sandra Paul

Due to the fact that their June 16, 1990 concert date was sold out at the Meadowlands, I had to purchase a scalper's ticket (four times the facevalue), to attend Depeche Mode's concert on June 18, 1990, at Radio City Music Hall.

The performance, which in itself was spectacular, coincided with the release of the band's newest LP, Violator. The show incorporated a modern day space-aged motif as stage set. The stage set-up was familiar, but it was the first time that the band employed the use of videos in their concert. Two huge video screens were set up to show various images relating to the different songs that were performed throughout the evening.

Depeche Mode concentrated on the performance of new material and saved old material for encores. One of the true highlights and surprises of the evening was when the band's lyricist and part-time singer, Martin Gore, preformed acoustic versions of Little 15 and Sweetest Perfection. And who said technopop isn't real music?

On a final note, the concert was truly energetic and loads of fun. The band even included a "house" mix of Personal Jesus to groove to. Depeche Mode fittingly ended their show by having their fellow worshippers chant "Reach out and touch faith," and we certainly did.

POEM

by Diana Carpenter

Can we see and pretend to be blind?

Can we hear and pretend not to listen?

Can we speak and pretend to be mute?

Many things are happening; it's like a roller coaster: Faster, faster, higher, higher.

Then plunge down: Quick, quick. Hold tight. So many things happening, so

little time.
What are we coming to? Or becoming.

It's an endless whirlwind, Pulling and tugging at us, Till the end.

Till the darkness completely covers us.

And destroys us.
Till the End.

Steal The Air

by Bill Condon

"Pump up the Volume," starring Christian Slater, is a powerful movie with an important message.

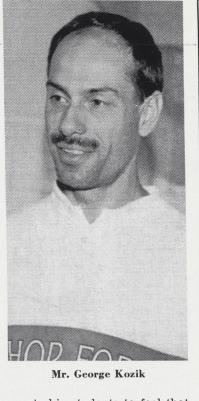
Slater portrays a high school senior whose family moves to a rural Arizona town. He is unhappy there and soon adopts the monicker of "Hard Harry," a pirate-radio disc-jockey who has an opinion on everything from politics to love to corruption in high school.

Harry enjoys a loyal following of local students, and he is tolerated by local officials. However, after one despondent youth commits suicide after listening to the show, Harry is targeted by parents, by local officials, and finally by the Federal Communications Commission (F.C.C.).

Harry must now choose between doing what he feels is right, and what he must do to avoid prosecution, while his world is slowly crumbling around him.

This is an intense film which forces viewers to consider dreams they have and choices they must make in their own

Faculty Focus: Mr. George Kozik



by Ellie Rauch

Mr. Kozik was born and raised in Brooklyn, New York. He feels that this was an advantage for him, because he became very streetwise growing up here. He believes that once you've survived the streets of NYC, you can live anywhere.

As far as education is concerned, Mr. Kozik has a bachelor's degree in science and physiology and his master's in work physiology. He did post graduate work at the University of Wisconsin in cardiac rehabilitation. He completed a 100-hour course and is now certified.

Since his senior year in high school, Mr. Kozik knew he wanted to pursue physical education. He felt that it was a part of his life to such a degree that a job in physical education would be good for him. His style of teaching is very unorthodox obviously to most other compared teachers. Basically, he looks at the student body, and he looks at the needs and concepts of education. From that he gathers up an approach that is very detailed. There is an educational reason for his ranting and raving. Mr. Kozik wants his students to have motivation from within themselves. He feels that most of his students at Ford realize that no matter how insane he may appear, deep down inside he has a very deep concern for them and their success.

He has people come back to him from work or college who say to him, "Mr. Kozik, as much as I thought I was never going to make it through your class, or I thought you were crazy, I now realize essence of what you were doing." Then they pat him on the back or shake his hand and thank him. Mr. Kozik considers it one of the greatest feelings to know that a person who was once overwhelmed by him would come to realize there is a method to his madness. He hated his professors who put the class to sleep, so in his class it's showtime. From experience, I know: never a dull moment.

Mr. Kozik expects from his students a total give back of the intensty and the heart and soul that he puts in. Each class to him has to be like a command performance. He

wants his students to feel that there is nothing more important for those 40 minutes than learning every detail of the lesson. In the 12 years Mr. Kozik has been at Ford, the biggest change he has seen has been in the students. He is proud to say that the caliber of student has improved greatly. He likes the concept that the school is getting smaller and more intimate.

"If you're going to be successful in any venture you take, there is no easy road or Utopia." That is the lesson Mr. Kozik believes all children need to be taught today. He says, "You have to pay the price and the price usually demands time, effort and sacrifice." Outside of school Mr. Kozik deals with people mostly on an individual basis. He's done consultations for corporate presidents and CEOs for companies. He has also dealt with wealthy people on an individual basis where they have personal training super-

Mr. Kozik has many moments in his life that he can be proud of. For him, one of them was being published. To him this meant that he was being recognized in his field of sports and medicine by other people. Receiving all of his degrees and different creditations in sports/medicine was a specal moment for him. There was one particular moment at Ford that he remembers with great pride. Several years ago a poll was taken by HIGHPOINT as to who the best teacher in the school was. Mr. Kozik was stunned to find out he had He thought his colleagues were playing a joke on him. At that moment he felt that his students really understood what he was trying to teach them.

Mr. Kozik has also had a lot of hardships in his life. It was very frustrating to him to spend 5 or 6 years training for the 1980 Olympics and then find out that they were being boycotted so he wasn't going to be able to compete.

What Mr. Kozik found so frustrating was that, "Politics could erode an entire arena of sports." In 1979, injuring his leg one week before the Pan American Games was also a terrible experience. He had

HIGHPOINT
Bishop Ford Cenral
Catholic High School
500 19th Street
Brooklyn, New York 11215

Staff: Clifton Regis Marcella Yodice Shameka Lawrence Ellie Rauch James Abel Lisa Siciliano Ellen S. Romelus Danielle Ramos Vincent Lijoi Maria Diaz Bill Condon Isabel Reyes Christina Prestia Diana Carpenter Sandra Paul Christopher Petrosino Jason Coppola Bro. Luke Nawrocki, O.S.F., Principal George A. McKay, Advisor

been training and fell into a ditch covered by leaves. The next thing he knew he had torn ligaments in his leg, was in a cast, and was out of the competition.

Mr. Kozik did, however, have one role model to look to during the hard periods of his life. St. Francis is someone he admires. Mr. Kozik explained that St. Francis was very in tune with nature. He was also very conservative and did with very few essentials. Mr. Kozik likes to believe that with one or two exceptions he lives a very spartan lifestyle. He feels that the American people have become too spoiled. He believes that things in this world can change very quickly, and he tries to teach his students not to rely on things being handed to them. Mr. Kozik feels that he is on a mission, and that mission is to help the youth of America develop

can be.

His one wish is that whatever people he comes in contact with will take with them a concern truly to be the best they can. If Mr. Kozik can take them to that level and they don't settle for being just average, then his wish will have come true. He hopes that he sets that kind of example, because Mr. Kozik would never ask of anybody else what he can't give himself.

into the finest people they

The drug crisis is a very big concern for Mr. Kozik, because he is literally watching the youth of America die in the streets. He believes the drug problem is a civil war in the streets of America. Mr. Kozik would definately impose the death penalty upon drug dealers as one possible solution to this problem. Mr. Kozik feels that, "If you don't have the exposure, the lesser the possibilities."

For the most part, Mr. Kozik sees himself staying in teaching. The only other thing he may become involved in later in his life is working with the elderly. He feels that senior citizens are very neglected and pushed to the side in our society.

When asked what one quote he would like to be remembered for, Mr. Kozik's response was, "Do or do not, there is no mercy!"

NEED HELP IN . . . MATH? SCIENCE? HISTORY?

During your free periods, visit the Resource Center on the first floor (Room 124).

Still Another Thing Coming

by Sandra Paul

The album cover picturing the image of a white, delicate rose bleeding, super-imposed on a black background, couldn't have been more appropriately chosen for Depeche Mode's new LP, Violator.

Yes, here we are once again introduced to that world many may consider to be glum, depressing, and doomed. But to Depeche Mode, it is the world of reality and brutal honesty.

The LP gets off to a good start with Depeche Mode's World in My Eyes, where the narrator challenges the listener with an egotistical proposition, which seems like a worthwhile adventure: "Let me take you on a trip around the world and back . . . now let your mind do the walking . . . let me show you the world in my eyes." The Sweetest Perfection is concerned with one's perception of beauty and how obsessive that perception can be to the point it can be mistaken for perfection. The important thing here is to recognize the defference. Personal Jesus attacks those who are quick to fall into and provide false worship or idolatry to whomever they feel can fulfill their needs or pacify their insecurities. Halo deals with when dishonesty makes itself apparent in a relationship. Waiting for the Night deals with having to deal with and wanting to get away from the world of reality and longing for some relief or a moment of peace in a world of tranquility. Enjoy the Silence, the LP's biggest hit, is the ulti-"actions-speak-louder than-words" song. The Policy of Truth regards the problems with our habit of telling the truth and the consequences we must face sometimes for the choice of telling the truth. Blue Dress provides an amusing and sometimes dead serious point of view of how a male thinks and feels when he has needs that need to be fulfilled ("Put it on, the one that I prefer . . . put it on and stand before my eyes . . . because when you learn you know what makes the world

Violator closes with the song makes a doubtful affirmation of coming to one's understanding of oneself, completely, and realizing that due to the fact we're always changing and life's always changing, a person can never be completely grounded.

Depeche Mode is celebrating their 10th anniversary this year-and what a decade it was!

by James Abel

After a long battle in court to keep their music from being banned, the heavy-metal rock group, Judas Priest, have returned to issue their newest LP, "Painkiller," which was released in September.

During the summer, Judas Priest won a long and hardfought decision to keep their 1978 "Stained Class" album on the market. The album was said by many to have backwords and subliminal messages in the songs. Two teenagers reportedly attempted suicide after listening to the album. Thus, Judas Priest was accused of adding "suicide messages" into their songs. But the album was not banned, as the court could not find intentional subliminal messages in the songs.

Their new LP, "Painkiller," features a new, heavier thrashier sound. It's a total departure from their last two releases, 1986's "Turbo" and 1988's "Ram It Down," doing away with all synthisized and keyboard sound. The opening track on the album, the title track, rocks fast and hard with the evilness of Rob Halford on vocals and the drumming of new drummer Scott Travis, who replaced Dave Holland after 10 years. Other tracks on the album include "Hell Patrol," "Metal Meltdown," and the two best tracks on the album, "A Touch Of Evil" and "One Shot at Glory."

The album is probably the heaviest Judas Priest release, and probably the best since 1982's "Screaming for Vengence," which featured classic Priest songs, such as "Hellion/ Electric Eye" and "Another Thing Coming." "Painkiller" is certainly worth a listen and should be bought by every Judas Priest fan.

Judas Priest consists of Rob Halford, lead vocals; Ian Hill, bass guitar; Glenn Tipton and K.K. Downing, guitars; and Scott Travis, drums.

Judas Priest Recording History:

1973—Rocka Rolla 1976—Sad Wings Of

Destiny 1977—Sin After Sin

1978—Stained Class

1979—Hell Bent for Leather

1980—British Steel 1981-Point of Entry

1982—Screaming for

Vengence 1984—Defenders of The

Faith 1986-Turbo

1988—Ram It Down

1990—Painkiller

ATTENTION SENIORS!

Start filling out those college applications!

Mrs. O'Leary Proseaus Learns The Ropes

by Ellie Rauch Originally born and raised

in Brooklyn, Mrs. O'Leary Proseaus is the newest member of the faculty at Bishop Ford. She received her BS in physical education from Brooklyn College and has her Masters in sports management. Outside of school she coaches a US swimteam, is head of the Bay Ridge Racewalkers, and teaches a dance class. Mrs. Proseaus enjoys all kinds of music and museums. She likes going to the Village and just being in Manhattan. When Mrs. Proseaus left school in 1976, she worked for nine years as a credit manager for A&S as an executive in the finance division. After working there for so long, she felt it was time for a change. So when an opening came up at OLPH, Mrs. Proseaus decided to persue a job in education. When Mrs. Proseaus came to Bishop Ford, she discovered that it wasn't as different from teaching in an all-girl's school as she thought it would be. Most of the physical education classes are all-girl anyway, so it's basically the same. She feels that having the boys in her health classes, really adds a different flavor and a whole new aspect to certain topics.

Her curriculum for gym classes includes weight training and conditioning, soccer, volleyball, basketball, and dance. Mrs. Proseaus expects her students to work as hard as they can. She says, "I don't care if they can only do one sit up; as long as they try, then I'm fine. But when people come in and give me a look

Track Team Triumphs

by Shameka Lawrence

Saturday, Sept. 22 the boy's varsity cross country team, consisting of Chris Gonzales, David Seung, Scott McLeod, Ahmed Harris, Danny Incantalupo, Andre Byfield and Antonio Wright, ran the 2.5 mile course at the Guilderland Invitational meet in Albany, N.Y.

The varsity team won the championship by 63 pts. They are now no. 1 in New York Chris Gonzales hit 12:26.9 for the course, breaking the sophomore record and winning the sixth place medal. David Seung ran the course in 12:33. seconds, winning the ninth place medal. David was asked how he felt about the meet, he decided "It proves we can be that. successful as a team. Teamwork is what it will take in the future." Scott McLeod, whose time was 12:36, earning him the tenth place medal, while breaking the junior record, had this to say: "People look at us and laugh and say, 'Why are we here so early in the morning?' Well, now they see it pays off." Andre Byfield also stated the following: "I'm glad to be on a team that doesn't let their success get in the way of the hard work we'll have to do in order to win the State Championships." Congratulations to the varsity team, and may their strong determination help them win the state championship.

like. "Go-ahead-and-try-to-make me-do-something," that I find very annoying."

Mrs. Proseaus hates it when her students criticize what she does. She says her style of exercise and teaching is different from that of Mr. Nash or Mr. Kozik. She doesn't want people to come in and say to her, "I don't want to do that, it's different."

Mrs. Proseaus wants her students to think that she's a good teacher. They don't necessarily have to like her personality, but she wants them to think that she is fair, she knows what she's doing, and she gets her point across. If anyone is interested in becoming a Physical Education teacher, Mrs. Proseaus suggests that he or she become involved in adminstrative things. She thinks the Leadership Program here at Ford would be a good idea for seniors. Then you just have to look for a school that would best suit your needs. In one word, Mrs. Proseaus describes Ford as "challenging." She went on to explain by saying, "Teaching the boys and keeping up with what's going on in the phys. ed. department is new. The topics and units covered are different from what I'm used to."

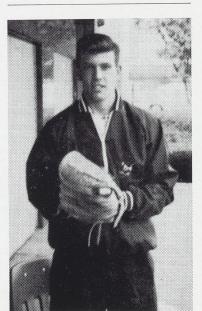
Mrs. Proseaus finds Ford a little intimidating. Coming from OLPH, a school of 500, Ford seems awfully large to her. But she doesn't like being known as the new kid on the block, so she went and checked everything out and even read her handbook. "No one is going to put anything over on me," she says.

Untitled

by Maria Diaz

Standing among the walls, waiting for time to pass, pass through my hands, life and love that falls and lands softly in the sands of hell. Softly cries come from above, heaven that holds my future and hell that holds my past, both are waiting

till that time, day, moment, to come. Come and save me from the confusion that lies among the walls.



Chad Frontera

Track Has Run On **New Members**

by Shameka Lawrence

As the school year begins once more, the Bishop Ford girls' and boys' track teams receive new members. On the girls' track team, two spohomores are welcome additions to the j.v. team. Caroline Francoise, one of the sophomores, is not all that new to the girl's track team. She was on the team freshman year but had to quit. Hopefully she is now on the team to Damia Pimental, another sophomore, is experiencing her first year on the girl's track team. When asked how she felt about the team, her reply was: "I like how the team sticks together; they're very supportive of each other, which is how I feel a team should be."

Saturday, September 22, six members of the freshman girls' team ran their first race: Quiana Spellman, Lorraine Phelps. Elizabeth Alicea. Nicole James, and Tanya Tenturia. When the freshman girls were asked if they enjoyed their first race, Lorraine Phelps said, "It was a very hard experience." Elizabeth Alicea also made her feelings quite clear by saying, "I wanted to quit, but with all the support I got from the team, I knew I could make it!"

Congratulations and good luck to the freshman girls, and may they continue running strong!

The boys' track team welcomes one newcomer to the j.v. team, Jonathan Lee, a junior.

Meanwhile, on the freshman boys' track team, 4 of its members ran the Guilderland Invitational meet in Albany, NY on September 22: Angelo-Sacco, Steve Jean-Baptiste, Bruce Fosado, and Larry Medina. Since this was an away meet, freshman Angelo Sacco decided that, above all, "The hotel was great," but the comment that summed up what the guys felt was made by Larry Medina, who said, "It was very exciting, and it really made me want to stay on track."

Once again, congratulations to all the new girls and boys on track, and may they have a successful year of running ahead of them!

Chad Frontera recently collected his 100th hit in his varsity career at Bishop Ford. This is something no other baseball player has accomplished to date. The team captain, Chad leads the Falcons in hits, RB's and runs scored. He was also captain of the Empire State baseball team for NYC this summer, and he has been recruited by thirty colleges and universities, among them Clemson, Georgia Tech, North Carolina, Seton Hall, U. of Cincinnati, Virginia, U. of Miami and Florida International.